

NewsLink

**Peterborough Disability Forum
December 2016.**

What a great month for Inspire Peterborough athletes!

It was a very busy November for Inspire Peterborough. The month saw Nikki and Gail attend the Living Sport Awards as shortlisted nominees for both the Inclusive Skating and Inclusive Sport projects. This was the second year in a row Inspire has been shortlisted for this award.



Also attending were the Inspire sponsored Peterborough Phantoms Sledge Hockey Team, who won the award for Team of the Year, and their Coach, Ian Offers, who won the award for Coach of the Year! Congratulations to everyone shortlisted for awards, it

shows the amount of great work taking place in Peterborough on behalf of people with disabilities, family members and carers who want to participate in accessible and affordable sport and leisure activities.

Inspire also attended the Peterborough Telegraph Business Awards as a shortlisted nominee for Social Enterprise of the Year.

Congratulations to Little Miracles who were worthy winners of the award.

Inspire team swim a total of 1,230 lengths.

On Sunday 27th November members of Team Inspire Peterborough and



Peterborough Special Olympic Swimming Group took part in the annual RotarySwim organised by Peterborough Werrington Rotary Club. Team Inspire swam a fantastic 1,230 lengths-19.1 miles.

Can you help with the great Christmas bag pack and support Inclusive sport in Peterborough?

What are your plans for Friday 16th, Saturday 17th and Sunday 18th December? Inspire Peterborough will be in Sainsbury's Bretton, packing bags and wrapping presents. Could you spare a few hours to help out? All money raised goes towards keeping Inclusive and disability sports going strong in Peterborough.

Inspire will be in Sainsbury's from 10am until 4pm each day, except Sunday 18th when we will finish by 3pm. Children are welcome as long as they are accompanied by a responsible adult.

If you can't do all day, please feel free to go along for just a few hours, the help will be very much appreciated.

Please invite your family and friends to help out too, the more festive cheer we can spread, the better.

“Trying to park at Peterborough City Hospital is a bloody shambles”



Says Peterborough Carer

Disabled patients trying to attend PCH for appointments are being stressed out by a lack of car parking space and the continued abuse of the disabled bays. The situation has got so bad that patients have abandoned cars in access roads, blocking emergency vehicles as a result just to get to appointments.

One Disability Forum regular said: "I was taking my disabled mother to an appointment in plenty of time, but could not find a parking place, eventually I found a spot, in the middle of a large puddle, and my mother arrived for the appointment in a highly stressed state. The allocated disabled parking area is regularly obstructed and disabled bays filled by cars without blue badges on display. Why is there no policing?"

The Disability Forum contacted the hospital for comment. A spokesman told us "Unfortunately over the years the hospital has got busier and the car park has reached saturation point. We appreciate there are ongoing issues and we are hoping to address these as soon as possible!"



Armistice Day remembered on the Inspiring Peterborough Radio Show

The Armistice Day programme on 11th November was the busiest in the 18 months of the Inspiring Peterborough Radio Show.

Guests included Officers from RAF Wittering, Cllr John Fox and Stuart Perridge from the Armed Forces Committee, Louisa Parr and Sally Booth read poetry and articles from the war years and of the struggles of life on the home front and front line.

Television and radio presenter Julie Fernandez read the wartime stories of the Bradley family, the Bradleys lost several family members in both World Wars. Julie said "thank you for inviting me to take part in today's programme. I had a lump in my throat reading out the Bradleys' stories. They gave so much, and we should never forget!"

Disability Peterborough Christmas closing

Disability Peterborough and Inspire Peterborough offices will be closed from Monday 19th December until Tuesday 3rd January. There will be no one to monitor or return phone calls or emails between these dates.

Merry Christmas from all at Disability Peterborough.

Disability Peterborough guests at the Axiom Equality and Diversity



Picture-George Wood

Disability Day meeting

Inspire Peterborough, Disability Forum, Shopmobility, Mobility Aids and Peterborough Phantoms were recent speakers at the Axiom E & D conference. The group were invited by Axiom board member and Disability Peterborough volunteer Christine Wood to talk to staff and management at the Netherton based housing association.

Assistant Operations Director Charmaine Simei told Chris "I have heard glowing feedback about the session from a number of different quarters. Your speakers and the work they do really inspired people; which is worth its weight in gold".

Physical Disability Partnership Board



On Thursday 1st December at 10am, the Disability Forum will be co-chairing a meeting with Oliver Hayward, PCC Assistant Director: People Commissioning and Commercial Operations. We will be asking for your views on a proposed Physical Disabilities Partnership Board. The meeting takes place in the Inspire Suite, Disability Peterborough. Western Avenue. PE1 4HX-All welcome

Holocaust Memorial Day 2017



THE THEME FOR HOLOCAUST
MEMORIAL DAY 2017



The theme for 2017's memorial is: "How can life go on?" The aftermath of the Holocaust and of subsequent genocides continues to raise challenging questions for individuals, communities and nations.

HMD 2017 asks audiences to think

about what happens after genocide and of our own responsibilities in the wake of such a crime. Peterborough Disability Forum are amongst the community groups invited to take part in the service which takes place at St John the Baptist in Church Street Peterborough on Thursday 26th January 2017.

Stamping out Hate Crime



Creating a safer
Cambridgeshire

Cambridgeshire Police are looking for your help to eradicate Hate Crime in Peterborough and beyond. Being targeted or abused because of who you are is not acceptable. Abuse can be people using offensive language, being hit or hurt by someone, or your home or property being damaged. Contact: www.cambs.police.uk

Supporting Disabled Ex Forces Ambassador takes to the ice!



Army and RAF veteran Stuart Perridge is the latest convert to the ice based sport of Sledge Hockey. Stuart trains on Friday nights with the Inspire Peterborough sponsored Peterborough Phantoms. Many of the Phantoms are off to the World Championships in Japans part of the GB team. Does Stuart hope to join the guys at future Championships? I'm afraid I might be a bit long in the

tooth for competitive Sledge Hockey but I would love to get a team of ex forces guys together, get them all trained to a decent level, and who knows what the future might bring!" Interested in the Sledge Hockey or the Friday night Inclusive Ice Skating? gail@inspirepeterborough.com

Access for all: Inclusive and accessible communications workshop

Are you working with disabled people and disabled people organisations, could you work on you communications and reach more people in sport and physical activity through inclusive and accessible communications. EFDS are running FREE half day workshops (3 hours) on how to reach more disabled people through inclusive communication utilising more accessible and better practices.

Title: Access for all: inclusive and accessible communications

Date: Monday 12th December 2016. **Time:** 13.00 – 16.00

Venue: Family Voice Peterborough, Goldhay Centre, 105 Paynels, Orton Goldhay, Peterborough, PE2 5QP

Cost: FREE

Who is it for?

This workshop is ideal for professionals who want to learn more about the latest disability and equality communication practices. Everyone will go away with the enthusiasm and key learning points to develop their own strategies. Outcomes will be that participants will be able to:

- Understand how inclusive communications engages more than just disabled people
- Use appropriate language when discussing or referring to disability
- Identify the basic principles of inclusive communication, through online and offline activities
- Access tips on embedding key principles in to your own communications strategies and activities

To book your place on the course go to the Living Sport website event calendar by [clicking here](#)

Is clampdown on Blue Badge misuse and abuse taking effect?



Peterborough City Council report that their campaign (inspired by the Disability Forum) has been a success. More transgressors getting tickets for parking in disabled bays without a Blue Badge and a record number of Blue Badges seized from drivers they don't belong to! Well done City Council Parking Enforcement Team.

This is a vehicle without a Blue Badge parked in a supermarket disabled bay. Driven by someone from JC Landscapes. Disability Forum regular Chris Davis said "most people obey the rules, they understand that people with Blue Badges have them for a reason-they have mobility problems! Ironically, someone asked me earlier if knew a landscape gardener. I won't be singing the praises of JC Landscapes".

Cambridgeshire and Peterborough backs devolution



Councillors from across the county have now given their final approval to a devolution deal for Cambridgeshire and Peterborough.

It gives the green light to the deal which will unlock £600 million of funding for local infrastructure projects alongside new money to build much-needed homes. Devolution will also see some decision-making powers transferred from Westminster meaning a greater number of important decisions can be made locally rather than by Government. Please find a link to the latest [press release](#)

PAB Volunteering training opportunity!

In Peterborough alone there are more than four thousand people living with serious sight loss. Peterborough Association for the Blind (PAB) are offering free training sessions for anyone who wants to learn more about sight loss. The three hour session will cover:

- Some of the myths around sight loss
- The main eye conditions and the difficulties associated with them
- How to greet, introduce yourself and help a visually impaired person, including the basics of guiding
- Learn about PAB and the services we provide
- How you can make use of your skills

The next sessions will be on Saturday 14th January 10 am to 1 pm and Tuesday 24th January 10 am to 1 pm.

Please contact the office for further details and to book a place on a course. 01733 344 844 or email info@mypab.org.uk



You are invited to the

SOCIAL EATING EVENT

Making new friends
Building our communities

Christmas Special CommUNITY Meet & Eat

We truly believe that the simple act of sharing a meal and eating together is a great way to make new friends and build on our already vibrant society, by creating and participating in new activities we make new bonds and become stronger together.

This month we will be hosting alongside this an arts and crafts exhibition with a tombola, raffle and stalls along with a 3-course Christmas meal

Come along and enjoy the festivities!



15th December 2016



4pm-6pm



City College Peterborough
Brook Street
PE1 1TU



£2.50 per person or
£1.00 for under 5s

So we know how much to cook please **RSVP** by Thursday 8th December 2016



Enquiries
Perri: 01733 761361



eat@citycollegepeterborough.ac.uk

And finally.....Some useful numbers

Age UK 01733 564185

Benefits (housing and council tax) 01733 452241

Care and Repair 01733 863895 Handyperson 863860.

CareZone 01733 575083

Carers Trust Peterborough 01733 645234

City Care Clinic 01733 293800

Child Benefit 0845 302 1444

Department of Work and Pensions (new claims) 0800 055 6688

Disability Peterborough (DIAL) 01733 265551

Fire and Rescue Service 0800 917 9994

Housing Options 01733 864064

Inland Revenue – Tax Credits 0845 300 3900

Inspire Peterborough 01733 330815

Peterborough Association for the Blind 01733 344 844

Peterborough Community Assistance Scheme 0844 4994120

Peterborough Direct 01733 747474

Peterborough City Hospital 01733 678000

Peterborough Police 101

Samaritans 08457 909090

Shopmobility 01733 313133

St Georges Hydrotherapy Pool 01733 453583

YMCA GYM 01733 313 085



**You can contact the Inspiring Peterborough
Radio Show at PCR, Herlington Centre.
Peterborough, PE2 5PN**

**01733 237525 or
radio@inspirepeterborough.com**