

NewsLink

News, views and information from Peterborough Disability Forum

January 2018

Fantastic first month for the new Amilly Fitness Centre



Lots of people have signed up for the seated exercise and tai chi classes with Andy (pictured with a few of the tai chi class) and gym sessions with Samia Melliti. If you have a disability or long term health condition and want to get a little fitter in 2018, you need to get in touch with Nikki or Eburn at Inspire Peterborough, Amilly House. 88 South Street Stanground. Peterborough, PE2 8EZ. <http://www.inspirepeterborough.com>

First Disability Forum of 2018

Interim Director of Law & Governance Fiona McMillan will be amongst the guest speakers at the January Forum. Fiona will be updating on Phase 2 of the Budget proposals. The Disability Forum is on Thursday 25th January. 10-12pm at Centre 68, Westgate. PE1 1RG-All welcome

A massive thank you to insurance giant BGL



Kenny and Bryan from Inspire Peterborough received a cheque for £480 from Samantha and Amy from BGL recently. The donation provided by staff and management will be spent on new accessible equipment at the Amilly Fitness Centre in Stanground. Thanks to the staff at BGL for the wonderful gesture.

“Talking Disability-Peterborough”

Brand new monthly radio show for disabled people on PCR FM



Tune in to a brand new monthly programme specialising in news, views and information for people with disabilities, family members and carers'. “Talking Disability-Peterborough” launches on Friday 26th January. Joining presenter Bryan Tyler every month will be Sandie Burns, CEO of Disability Peterborough who will be answering listener’s questions about benefits, legal support and a range of other issues. And Nikki Griffiths from Inspire Peterborough will be joining the team talking about Accessible and Inclusive Sport in Peterborough. We will be joined by special guests each month

Are accessible lifts and ramps a step closer at Queensgate?



As part of the promised regular updates about improving access into Queensgate from Bourges Boulevard, the Disability Forum is pleased to announce that Lift providers have been asked to visit the site by Peterborough City Council to cost potential new lifts. More news as we get it.

On the coldest day of the year!

Inclusive Ice Skating returned to Peterborough



More than 70 plucky souls braved the elements for a one off Inclusive Ice Skating Session at Van Hague Retail Park on Sunday 10th December. The snow fell and the roads were a little tricky in places but that didn't deter our intrepid skaters who spent two hours making the most of the temporary ice rink! Inspire Peterborough manager Nikki Griffiths said it was fantastic to see the skaters back together again and is now busy planning for next year!

Sporting Saturday-Have you booked?

Sporting Saturday is back for its 5th year with even more accessible and fun sporting activities for people of all ages and ability to try. You will be able to talk to sports coaches and health and fitness experts, and in many instances, join up with the clubs and organisations taking part.

If you own/manage or are involved in a sport or health and fitness club/activity that supports people with disabilities or health conditions and want a Stand or Display space on Saturday 24th February-Follow the link below **-ITS FREE AND SO IS ENTRY ON THE DAY!!**

To book for Sporting Saturday

visit: <http://www.bookwhen.com/sportingsaturday>

Queensgate Enabled Event



Well done Carol Wakelin and her colleagues at the Queensgate Shopping Centre for a very successful first Enabled event on Thursday 7th December. Disabled shoppers and family members were assisted by

volunteers to have an enjoyable Christmas shopping experience

Blind woman is left stranded



A blind woman has spoken of her anger at being left stranded in the pouring rain after a taxi driver refused to pick up her guide dog.

Jeanette Fyfe says the incident left her feeling 'powerless'. The social worker missed an important doctor's appointment after booking the cab. But when the taxi arrived at her home the driver refused to pick her up. Now the cab driver has had his taxi licence revoked after Ms Fyfe, 40, lodged a complaint. James White, senior campaigns manager at Guide Dogs, said: 'This discrimination is not only illegal, but it's also a huge blow to people's confidence and feelings of acceptance in society. Taxi and minicab drivers need to understand and abide by the law and welcome guide dogs and other assistance dogs into their vehicles.'

St Georges Hydrotherapy Reopening



The official re-opening of the hydrotherapy pool will take place on Tuesday 16th January from 11am until 12.30pm. All users of the Pool

have been invited. At the re-opening The Mayor will unveil one of St George's new signs (donated by British Land/David Wait Serpentine Green) and give a short rededication speech. St George's Friends and Service Users and Inspire Peterborough will present cheques to PCC and exchange thanks. Councillor Holdich will cut a cake created for the occasion and say few words.

This will be followed by an opportunity for guests to have a slice of cake and a drink, to look round the pool and chat with hydrotherapy users.

Nail bar refuses to manicure gran as they 'don't do disabled!'



A nail bar who refused to give a dying grandmother a manicure said they didn't treat 'disabled or ill people'. Heather Slade, 66, who has just six months left to live, was almost turned away when she visited Pink and White Nails.

Staff eventually relented but allegedly told the terminally-ill grandmother's son they would do it this time as long as she 'never comes back again'. Pink & White Nails, in Swakeleys Road, has not responded to repeated requests for a comment

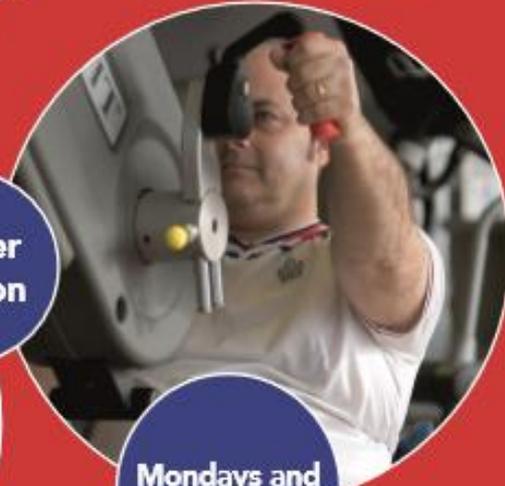
Amilly Fitness

Inclusive health and wellbeing centre

inspire
Peterborough
enhancing lives

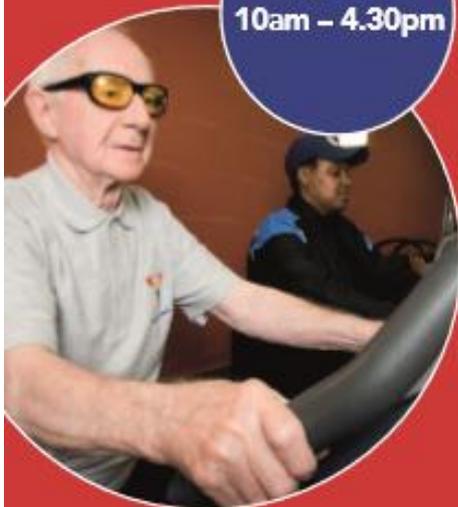


£2 per
session



Mondays and
Wednesdays

OPEN:
10am – 4.30pm



Inspire Peterborough have teamed up with Oak Activities to run an inclusive fitness centre for adults with a long term health condition, special need, physical, mental, sensory or learning disability.

Chair based exercise classes and open gym sessions

Booking essential via
www.bookwhen.com/amilly-fitness
or for group bookings please call 01733 330 815

Amilly House, 88 South Street, Stanground PE2 8EZ

Contact Inspire Peterborough for more information

www.inspirepeterborough.com | [/amilly-fitness](https://www.facebook.com/amilly-fitness)
T: 01733 330 815 | E: contact@inspirepeterborough.com

Disability Peterborough Project/Registered Charity Number: 1089250



And finally.....Some useful numbers

Age UK 01733 564185

Care and Repair 01733 863895

CareZone 01733 575083

Carers Trust Peterborough 01733 645234

City Care Clinic 01733 293800

Child Benefit 0845 302 1444

Department of Work and Pensions (new claims) 0800 055 6688

Disability Peterborough (DIAL) 01733 265551

Fire and Rescue Service 0800 917 9994

Headway Cambridgeshire 01223 576550

Housing Options 01733 864064

Inland Revenue – Tax Credits 0845 300 3900

Inspire Peterborough 01733 330815

Peterborough Association for the Blind 01733 344 844

Peterborough Community Assistance Scheme 0844 4994120

Peterborough Direct 01733 747474

Peterborough City Hospital 01733 678000

Peterborough Pensioners Association 01733 270528

Peterborough Police 101

Samaritans 08457 909090

Shopmobility 01733 313133

St Georges Hydrotherapy Pool 01733 453583

YMCA GYM 01733 313 085